

# How to Sublimate & Embroider

**GlitterFlex<sup>®</sup> ULTRA**

You'll have an unlimited amount of glittery appliqué materials at your command!

## Before printing your sublimation sheet:



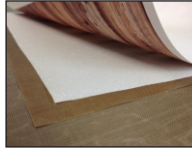
Reverse your design and then fit as many as you can to the page size of the sublimation paper.

Keep in mind that the design needs to be a little larger than your embroidery appliqué space.



Wait until the sublimation sheet is dry and then use it as a guide when cutting out a sheet of GlitterFlex Ultra.

Remove the clear plastic carrier from the GlitterFlex Ultra.

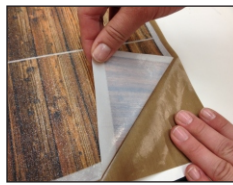


In the heat press, place your materials in this order:

Teflon Sheet  
GlitterFlex Ultra sheet- glitter side up  
Sublimation sheet- print side down  
Teflon Sheet



Heat press at 390° for at least 20-30 seconds for the most vibrant color.



Allow GlitterFlex Ultra to cool, and then carefully peel it off the Teflon sheet.

Try not to let the adhesive side touch itself, especially when still warm.



Cut GlitterFlex Ultra down to fit into embroidery hoop.

Spray the back with the temporary adhesive of your choice.



Add a stabilizer backing to the underside of the fabric and hoop them both.

Smooth the GlitterFlex Ultra down over the fabric.



Using GlitterFlex Ultra as an applique requires a very dense satin stitch.



Rip the excess material away from around the design.



For best results, heat press finished design with a teflon pad underneath shirt.

Press at 330° for 17-20 sec.



Enjoy your unique design.

With your sublimation printer and GlitterFlex Ultra, you can print and heat press any pattern you can imagine.

You can make your own glitter applique materials with any color, pattern, photograph, logo possible!

You can sublimates on  
**Embroidery Glitter**  
too! There is no clear carrier  
to peel off before sublimating.

Technical Support: Toll Free: 877-437-8556 | [SpecialtyMaterials.com](http://SpecialtyMaterials.com)

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